

RACES

The below guidance applies for the following races:

Llanelli Multisport Festival <i>SP</i>	14 th May
Eton Dorney <i>SP</i>	16th July
Swansea <i>SS</i>	6th August
Sunderland Grand Final <i>SP, R</i>	20 th /21 st August

SP – sprint, *SS* – super sprint heats and finals, *R* – mixed team relay

WETSUITS

World Triathlon Competition Rules pertaining to water temperature and wetsuit use will be enforced. The final decision on whether wetsuits are mandatory, optional or forbidden will be made on the day by the Technical Officials and communicated to all athletes.

CLASSIFICATION

Only athletes with a valid classification will be eligible for prizes/points

An athlete's category will be confirmed by the British Triathlon Paratriathlon Team

Athletes that have not received a classification, or with other disabilities are able to compete but not eligible for prizes/points

Scoring categories are:

PTWC (wheelchair users)

- PTS2 (severe impairment)
- PTS3 (significant impairment)
- PTS4 (moderate impairment)
- PTS5 (mild impairment)
- PTVI (visual impairment)

ATHLETE RESPONSIBILITY

Competitors are reminded that it is their responsibility to know the rules of the race they are taking part in, and this extends to ensuring that bike setup conforms to the rules. Compliance with the bike setup rules should be checked well in advance of competition, and not left to the day of the race

UNIFORM

All uniform regulations as set out in British Triathlon Competition Rules 2.8 apply.

Athletes are asked to wear trisuits that meet World Triathlon Competition Rules and Guidelines Regarding Authorised Identification.

Where athletes represent Great Britain in World Triathlon events then full World Triathlon Competition Rules and Guidelines Regarding Authorised Identification will apply.

PERSONAL HANDLERS

1 handler is allowed per PTWC athlete.

A handler may be allowed for PTS2-5 categories where granted through the classification process.

Swim hat colour will indicate preference for assistance at the swim exit.

A pre-transition area will be present at all events, and handlers will be allowed access as per British Triathlon Competition Rules

EQUIPMENT

All equipment rules as set out in British Triathlon Competition Rules section 17 apply.

GUIDES

VI athletes with a same-sex guide are eligible for points/prizes. VI athletes with a different-gender guide can compete but are ineligible for points/prizes.

Guides must not have competed in an World Triathlon elite event in the past 12 months for the VI athlete to be eligible for points/prizes. Guides that have competed in an World Triathlon elite event in the past 12 months will not be eligible for VI athletes gaining points/prizes.

INTERVAL START TIMES

The following interval start times or time compensations will be used:

	PTWC1 Men	PTWC2 Men	PTWC1 Women	PTWC2 Women	PTVI1 Men	PTVI2/3 Men	PTVI1 Women	PTVI2/3 Women
Sprint Triathlon	0:00	+3:08	0:00	+4:04	0:00	+3:21	0:00	+3:48
Sprint Duathlon	0:00	+2:51	0:00	+3:42	0:00	+3:04	0:00	+3:29