

Swansea Super Series

Swansea

22 June 2024



General Information

Welcome

The British Triathlon Federation would like to extend a warm welcome to all competitors and spectators to the Swansea Super Series on 22 June 2024.

Venue

Prince of Wales Dock, Swansea,
SA1 8AL

Car Parking

Parking is available at the car park on Langdon Road, SA1 8QY.

Facilities

There are toilets available, including accessible toilets. There are no changing facilities available.



General Information

Results

Provisional results will be available through a link on the Super Series website. Timing will be managed by [Titanium Race Timing](#)

Home Nation Association Membership Cards

Please bring your British Triathlon membership card and ensure it is up to date and valid on race day. If you fail to bring your membership card, you will be required to pay £8.00/ £2.00 (Aged 25+ / 24 and under) for a Race Pass.

Withdrawing during the race

If at any point during the race you feel the need to stop and pull out of the race, please do not hesitate to do so. It is mandatory that if you withdraw from the race then you need to find the nearest marshal who will help you get back to the event headquarters. Marshals can also call for medical support should it be needed.

Sustainability and waste

We would appreciate it if all competitors made every effort to keep the venue, and the surrounding area as clean as possible, there will be ample bins.

Swim Caps

Red – Definitely Require Assistance

Blue – Unlikely to Require Assistance

White - Guide

Yellow – May Require Assistance

Green – PTVI Athletes





Registration & Race Packs

Registration will be located at the Registration Gazebo near transition. Competitor information will also be available here together with course maps.

Registration opening times can be found on the following page. You will only be allowed to register in your allotted time slot.

Race Pack:

Race Packs will include the following items:

- Race Number Tattoo / Decal
- Bike / Helmet Stickers
- Timing Chip
- Swim Hat

Please return your timing chip to the marshals in the finish area at the end of your race, or if you drop out for any reason to a member of the event crew. Competitors who fail to return their timing chip will be charged as per the terms and conditions of entry.

Event Schedule

Event Schedule	
8:00	Race Registration Opens
8:45	Race Registration Closes
8:05	Transition Opens
8:45	Transition Closes
8:50	Race Briefing – At swim start
9:00	PTWC Race Start
9:30	<i>PTS Race Start</i>
9:55	PTVI Race Start

Bike Familiarisation

There is no official Bike Familiarisation. If you wish to ride the course prior to your race, please be aware it is at your own risk.

Transition

Transition check-in will take place on race day only.

Transition Area Opening Times: 8:05 - 8:45

Please wear and fasten your helmet and have applied decals before entering transition, this will be checked by a Technical official. You will not be allowed to entry otherwise.

There is no individual allocated space in Transition. Please allow sufficient space for your fellow athletes. No personal bags will be allowed to stay in the transition, but a transition box will be provided to house your triathlon equipment. All equipment will need to be placed into this box during each transition.

There will be no marking permitted in transition to distinguish your area from others, this includes the use of talc on the floor.

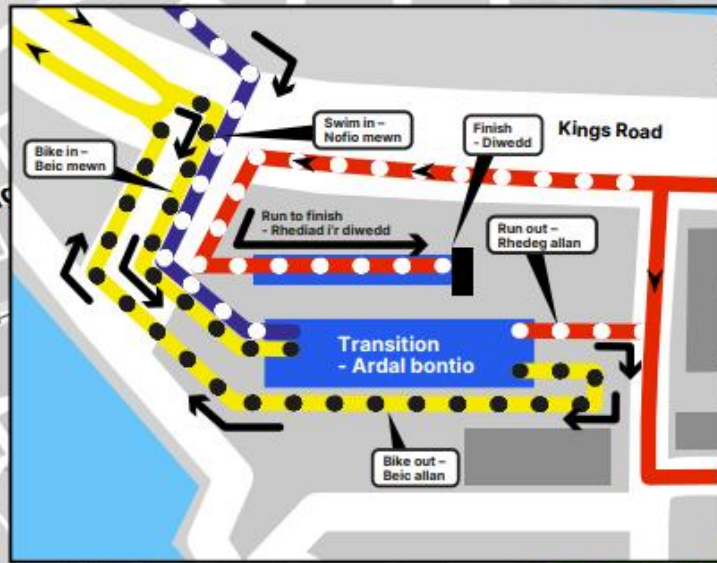
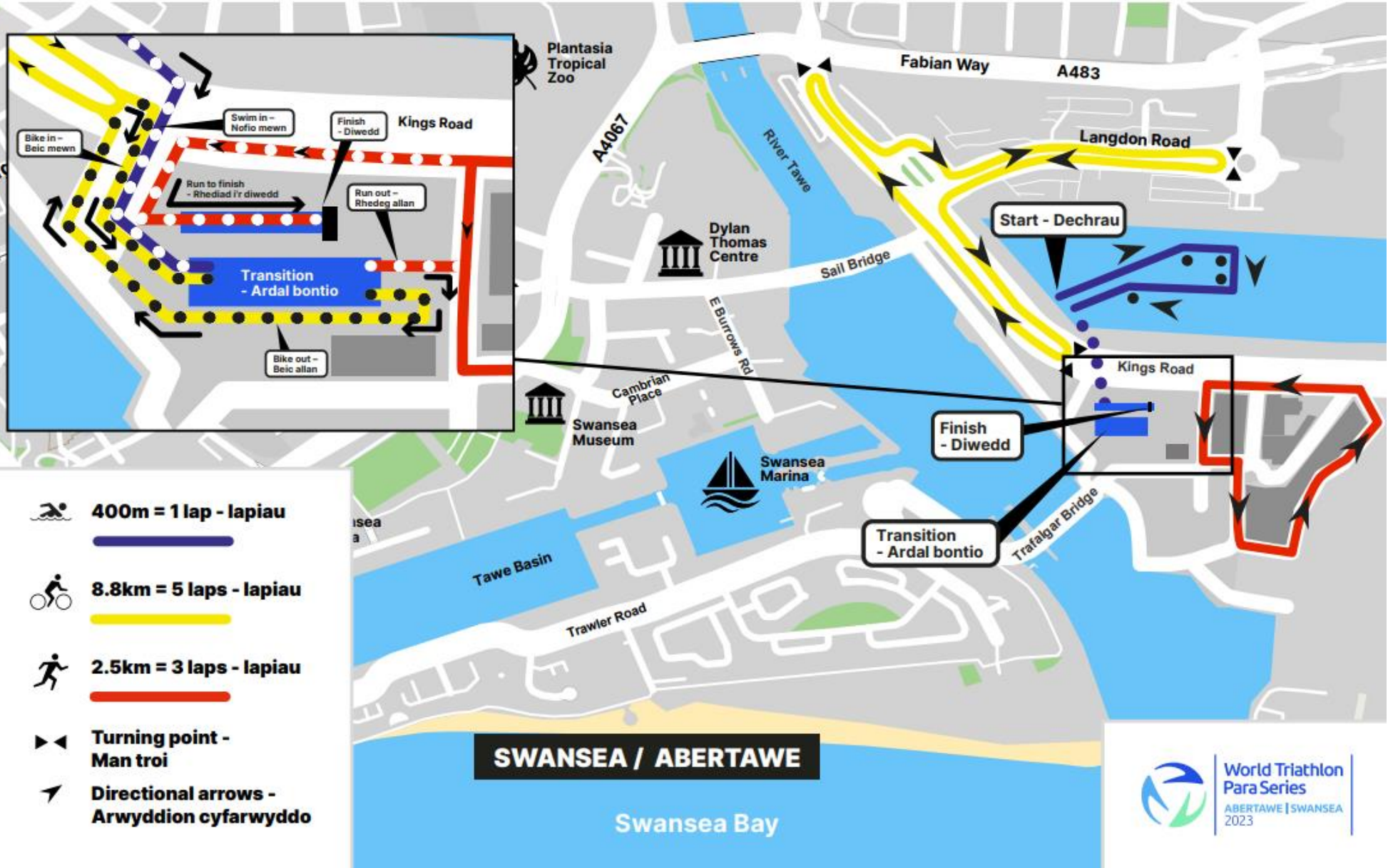
After you finish, you must come and collect your belongings as soon as possible. There are multiple races using the same transition area throughout the day and so the area must be cleared asap.






Once you have finished your race, there will be 10-minute windows provided to clear your belongings from Transition. Please be aware that other races will be continuing, therefore, this opportunity will arise once all athletes have exited the water and the transition area of subsequent waves. The Entry / Exit point will be clearly signposted for you. Do not cross any timing mats or enter Transition Area through any other location.

You will need your decal to re-enter the transition area. Once you have found your racking space and bike, tidy your area and leave the transition as soon as you can. We would appreciate the Transition area being cleared as quickly as possible once permissions has been given by the Race Organiser.

BRITISH TRIATHLON PARATRI SUPER SERIES

ROUTE - LLWYBR



-  **400m = 1 lap - lapiau**
-  **8.8km = 5 laps - lapiau**
-  **2.5km = 3 laps - lapiau**
-  **Turning point - Man troi**
-  **Directional arrows - Arwyddion cyfarwyddo**

SWANSEA / ABERTAWE

Swansea Bay



See you on race day!

If you have any questions, please email the team at
SuperSeries@britishtriathlon.org

