

# **Super Series Performance Assessments**

**University of Nottingham & Kendrew Barracks**

29-30 March 2025



# General Information

British Triathlon would like to extend a warm welcome to all competitors, coaches, team managers and spectators to both the University of Nottingham and Kendrew Barracks for the British Triathlon Super Series Performance Assessments.

## Venue

**Saturday 29 March –**

University of Nottingham Swimming Pool, Lenton Abbey, Nottingham NG7 2RD

**Sunday 30 March –**

Kendrew Barracks – please see slide 6 regarding navigation

There will be no charge on Saturday, but a £5 charge for Parking on Sunday. This will be taken at point of entry

## Transport / Car Parking





**SUPER  
SERIES**



## Event Schedule - Saturday

Youth Female -	Arrival	12:40
	Finish	14:05
Youth Open -	Arrival	13:50
	Finish	15:45
Junior/Senior Female -	Arrival	15:40
	Finish	17:20
Junior/Senior Open -	Arrival	17:00
	Finish	19:50

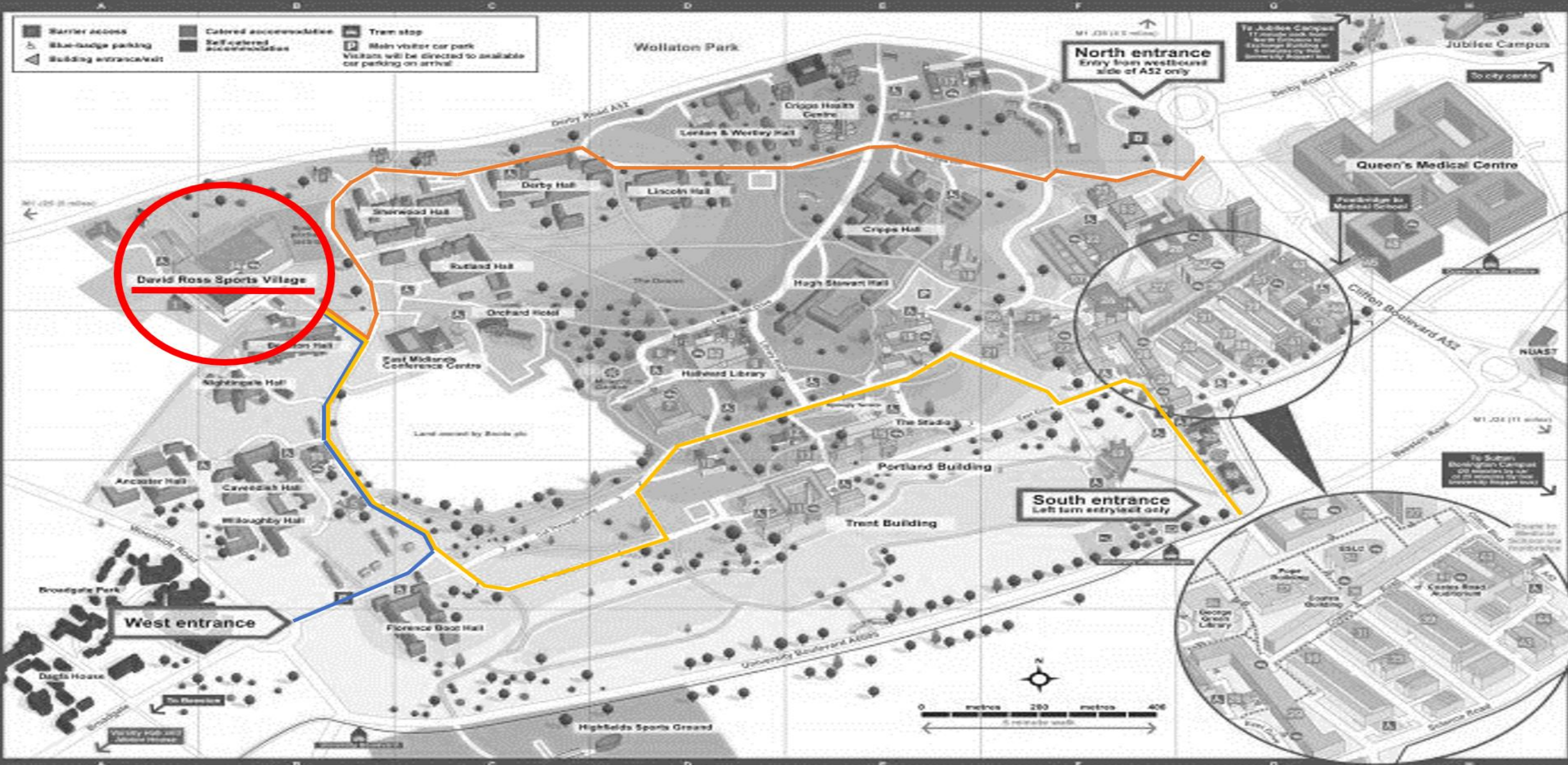
### Notes –

Athletes are required to swim in a trisuit or normal swimming costume/trunks (if they don't have trisuit or their trisuit is poor fitting). Athletes will not be able to race in a Swimskin/ swim-specific race suit.

Please bring your swim attire to registration for sign off

Please be aware that the arrival times are for the first heat of each category. Please calculate your arrival time relative to your heat. You will not be able to register earlier than your assigned time.





# University of Nottingham Pool Location on Campus Map



# University Park Campus



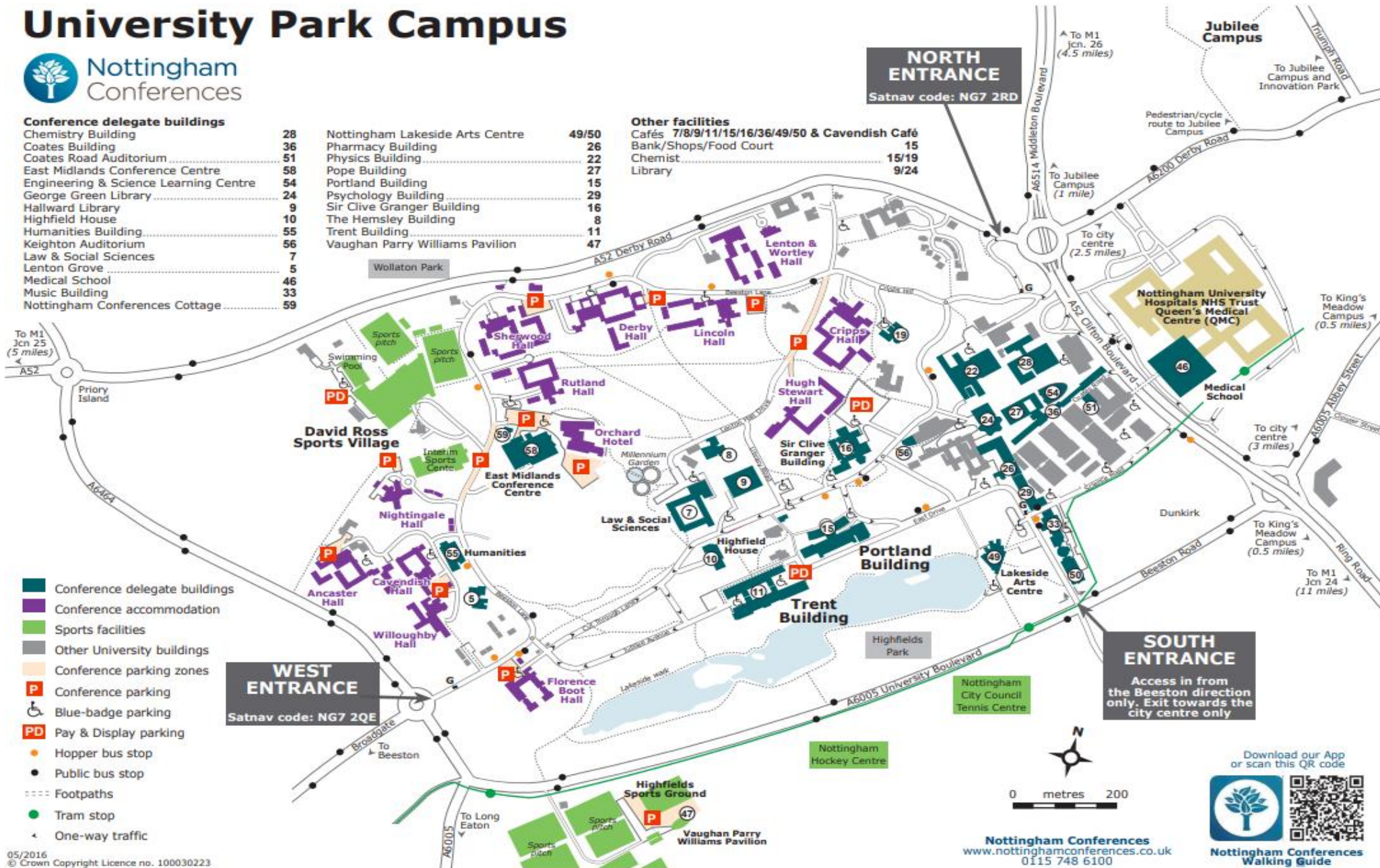
## Conference delegate buildings

Chemistry Building	28
Coates Building	36
Coates Road Auditorium	51
East Midlands Conference Centre	58
Engineering & Science Learning Centre	54
George Green Library	24
Hallward Library	9
Highfield House	10
Humanities Building	55
Keighton Auditorium	56
Law & Social Sciences	7
Lenton Grove	5
Medical School	46
Music Building	33
Nottingham Conferences Cottage	59

Nottingham Lakeside Arts Centre	49/50
Pharmacy Building	26
Physics Building	22
Pope Building	27
Portland Building	15
Psychology Building	29
Sir Clive Granger Building	16
The Hemsley Building	8
Trent Building	11
Vaughan Parry Williams Pavilion	47

## Other facilities

Cafés	7/8/9/11/15/16/36/49/50 & Cavendish Café
Bank/Shops/Food Court	15
Chemist	15/19
Library	9/24



- Conference delegate buildings
- Conference accommodation
- Sports facilities
- Other University buildings
- Conference parking zones
- P Conference parking
- P Blue-badge parking
- PD Pay & Display parking
- Hopper bus stop
- Public bus stop
- Footpaths
- Tram stop
- < One-way traffic

**WEST ENTRANCE**  
Satnav code: NG7 2QE

**NORTH ENTRANCE**  
Satnav code: NG7 2RD

**SOUTH ENTRANCE**  
Access in from the Beeston direction only. Exit towards the city centre only

05/2016  
© Crown Copyright Licence no. 100030223

Nottingham Conferences  
www.nottinghamconferences.co.uk  
0115 748 6100

Download our App or scan this QR code

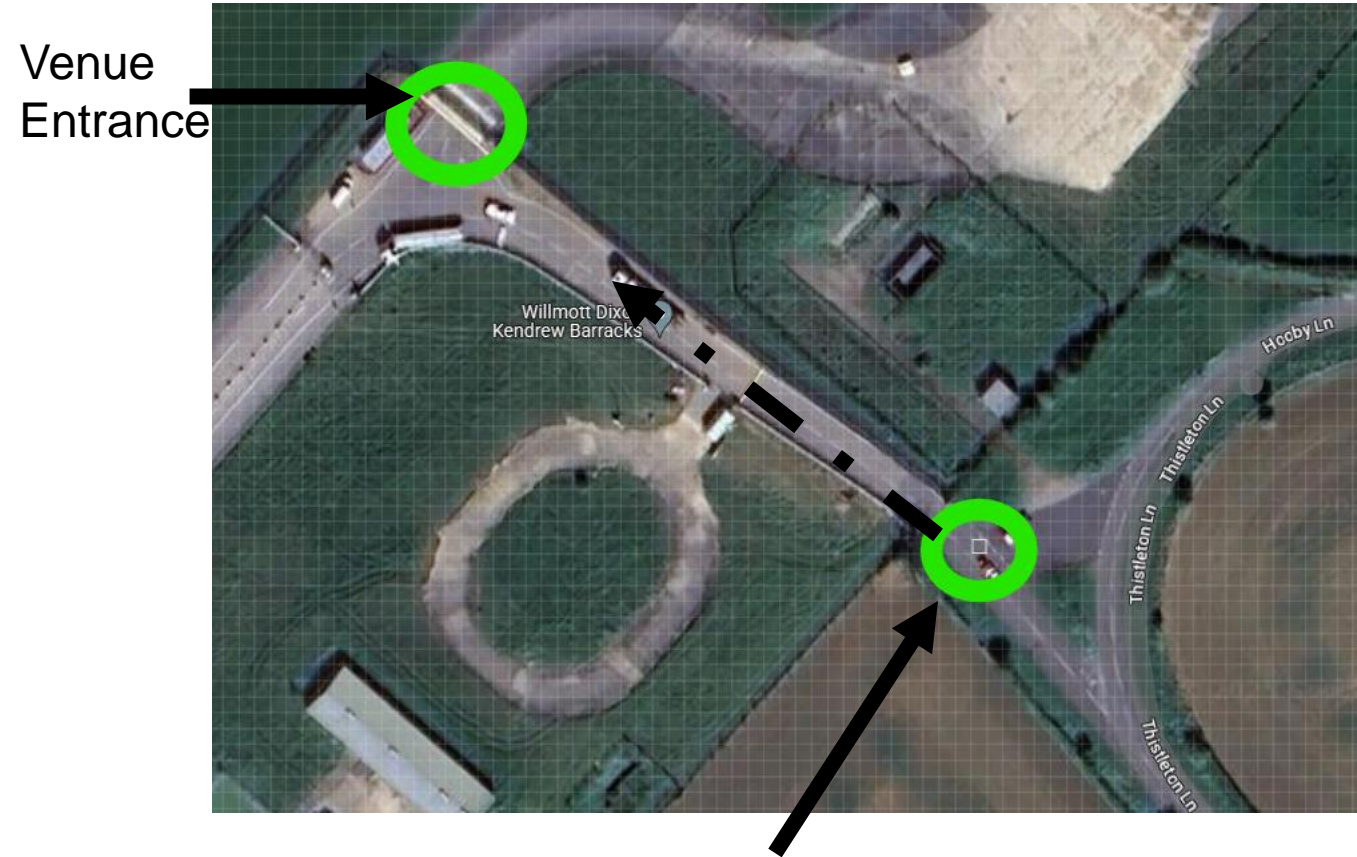


Nottingham Conferences Walking Guide

# University of Nottingham Pool - Parking



# Kendrew Barracks Arrival & Parking



What three words navigation

Please use the following for navigation.

w3w///freezers.sunroof.streaks

OR

52°44'13.7"N 0°38'25.2"W

**DO NOT GO TO THE MAIN GATE,  
YOU WILL NOT BE PERMITTED  
ACCESS**

# Arrival Procedure

**Please adhere to the arrival times for your category, listed later in the guide**

**On arrival at the venue please expect to queue and so please factor this into your timings**

**Each car and its occupants will be checked against the Photo ID form.**

**You will then be directed to the parking area**

**Payment for parking will also be taken at this time**

# Kendrew Barracks Arrival & Parking

Venue  
Entrance





# Kendrew Barracks : VENUE NO ACCESS AREAS

We are on a military base which is a controlled environment. There is a strict request to minimize movement around the airfield therefore **no one is permitted to be in the areas outlined in red below** unless permission is granted by the Race Director

Athletes( when not competing ) and all spectators must remain within the **green** area. Athletes **MUST** warm up within this area too – to do so please use the dedicated warm up area adjacent to the car park. Cycling, outside of your race and familiarisation, will not be permitted in this area or anywhere else on the venue – specific bike warm ups will need to be done on rollers or a turbo.



# Event Schedule - Sunday

**Please Adhere to the arrival times for your category – Cars will be checked in at the venue gate and this will help reduce queuing**

Youth A Open	
Arrival	7:15-7:45
Roll Out / Wheelcheck	7:30-7:55
Registration	7:30-8:05
Bike Familiarisation	8:35-8:55
Transition Open	8:55-9:05
<b>Start</b>	<b>9:25</b>

Youth A Female	
Arrival	7:45-8:15
Roll Out / Wheelcheck	7:55-8:20
Registration	8:05-8:35
Bike Familiarisation	8:35-8:55
Transition Open	9:25-9:35
<b>Start</b>	<b>9:55</b>

Youth B Open	
Arrival	9:35-10:05
Roll Out / Wheelcheck	9:45-10:10
Registration	9:50-10:20
Bike Familiarisation	10:55-11:15
Transition Open	11:15-11:25
<b>Start</b>	<b>11:45</b>

Youth B Female	
Arrival	10:05-10:35
Roll Out / Wheelcheck	10:10-10:35
Registration	10:15-10:45
Bike Familiarisation	10:55-11:15
Transition Open	12:00-12:10
<b>Start</b>	<b>12:30</b>

Junior Senior Female	
Arrival	12:10-12:40
Registration	12:15-12:40
Wheelcheck	12:25-12:55
Bike Familiarisation	13:05-13:25
Transition Open	13:25-13:35
<b>Start</b>	<b>13:55</b>

Junior Senior Open	
Arrival	12:10-12:40
Registration	12:15-12:40
Wheelcheck	12:25-12:55
Bike Familiarisation	13:05-13:35
Transition Open, Junior-	14:30-14:40
Transition Open, Senior -	15:40-15:50
<b>Junior Start</b>	<b>15:00</b>
<b>Senior Start</b>	<b>16:10</b>



# Sunday Information

Upon arrival, please visit registration.

Registration will take place in a British Triathlon gazebo in the main venue area. Registration opening times are shown on the prior page. You will only be allowed to register in your allotted time slot.

A Mandatory Bike Check will be carried out to ensure your bike conforms to rules associated with Draft Legal racing, including any gear-restrictions applicable to the Youth age group.

If your wheels are on the UCI non-standard approved list, please do know the page number or bring a screenshot to speed up queuing at wheel checks. Or download the app – search for UCI wheel list app in your respective app store and have your wheels ready in app to show the TO.

## Race Pack:

Your race pack will include the following items –

- Race Number (Bib Number)
- Timing chip and strap to be worn on the left ankle to avoid the possibility of getting caught in your chain.

Please return your timing chip to the staff in the finish area at the end of racing. Competitors who fail to return their timing chip will be charged as per the terms and conditions of the event.

If at any point during the race you feel the need to stop and pull out of the race, please do not hesitate to do so. It is mandatory that if you withdraw from the race then you need to find the nearest marshal who will help you get back to the event headquarters. Marshals can also call for medical support should it be needed. Please hand back in your timing chip as well as notify a Technical Official of your withdrawal.



# Course Maps – Bike – YOUTH A only

1 x 5km lap

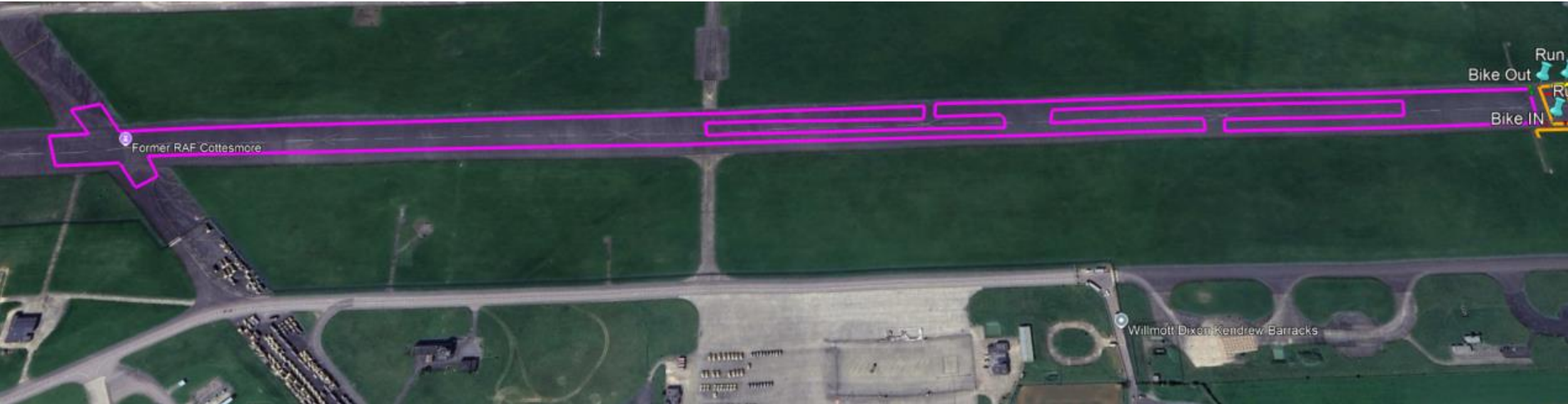


# Course Maps – Bike – YOUTH B / JUNIOR / SENIOR only

**Youth B 2 x 5 km laps**

**Junior 4 x 5km laps**

**Senior 4 x 5km laps**



# Course Maps – Run

**1 lap = 1.25km**

**Youth A - 2 x laps**

**Youth B – 2 x laps**

**Junior – 4 x laps**

**Senior – 4 x laps**



# Safeguarding & Welfare

Your wellbeing and enjoyment of triathlon is paramount, and you should always feel safe when training and competing. If you're worried, upset or something concerns you like the behaviour of someone, it's important to talk to someone that you trust.

Follow these four simple steps:

- Recognise – if you have a concern, notice a problem or if you're worried or upset
- Respond – Know what you need to do, identify someone you trust
- Record – as many details as possible - who, what, when, where – capture details in writing
- Refer – the information to appropriate people. Do not ignore it – always tell someone!

# Safeguarding & Welfare

Who to talk to:

Please contact the Event Safeguarding Officer:

Guy Punja 07919 571827

or the British Triathlon Safeguarding Team:

Marc Scott

07384214726,

Linda Haywood

07793 647578

You can also ring the NSPCC helpline on 0808 800 5000 or by emailing [help@nspcc.org.uk](mailto:help@nspcc.org.uk). Following reporting the matter to the emergency services or NSPCC you must inform British Triathlon.



# Safeguarding & Welfare

## Photography Policy

As per the event terms and conditions British Triathlon has the right to use images, photographs and footage taken by their contracted photographers and employees at the Event. These images will be used for the purposes of promoting, reporting and broadcasting the Event, and any other promotion related to the business activities of the Organiser.

## Event Photography Opt Out

If a parent wishes to NOT have their child photographed at the event, please let the team know at Registration

They will then be given an orange wristband so they can be identified by event photographers.

# See you on race day!

If you have any questions, please email the team at  
[SuperSeries@britishtriathlon.org](mailto:SuperSeries@britishtriathlon.org)

