

Super Series Terminology A-Z

Application – An application is an athlete registering their interest in taking part in an event. This proceeds an entry.

Aussie Exit / Loop – Where a swim course returns to the land to run around a marker before heading back out to the water for a second lap.

Bike Familiarisation – An opportunity to slowly ride the course in advance of a race. The bike familiarisation will be led by a Coach or Senior athlete depending on the event.

Classification – In order to compete in Paratriathlon an athlete must possess one of eight impairment types. Athletes are separated into three different types of sport class in which they can compete (PTWC, PTVI, PTS). These groups are further divided by the degree of activity limitation resulting from their impairment.

DNF – Did not finish.

DNS – Did not Start.

DQ – Disqualified.

Draft Legal – Racing where drafting is permitted. Drafting is taking shelter behind another competitor during the bike phase in order to gain a competitive advantage.

Eliminator – A format of racing where athletes are separated into future rounds of racing based on their time.

ENG – England Next Generation. ENG is an extension of the Regional Academies and is the Home Nation Talent Programme for England.

Entry – Where an athlete confirms they will be racing by paying for the race and providing their information.

Female – Athletes born a member of the female sex.

Gear Restricted – Where bikes are limited to lower gear using the limit screws in order to align with draft legal racing requirements. This will be assessed using roll outs.

IRCs – Inter Regional Championships. The IRCs involve Tri Star 2 and Tri Star 3 athletes and takes places as part of the British Triathlon Super Series Grand Final.

Junior – A racing category made up of athletes born in 2005/2006.

Lapping Out – Where an athlete at the back of a field is withdrawn from a race as a result of being overtaken by the leading athlete who is a lap ahead on the Bike.

Non-Drafting – Racing where drafting is not permitted. Drafting is taking shelter behind another competitor during the bike phase in order to gain a competitive advantage.

Open – Athletes that are not born as a member of the female sex.

PA's – The Performance Assessment Weekend, where all athletes wishing to compete in the Super Series compete to earn Rankings and Starts for future events.

Paratri – An abbreviation for Paratriathlon, triathlon for those with impairments.

PTS2 – A category of Paratriathlon for those who are ambulant/standing with severe impairments.

PTS3 – A category of Paratriathlon for those who are ambulant/standing with significant impairments.

PTS4 – A category of Paratriathlon for those who are ambulant/standing with moderate impairments.

PTS5 – A category of Paratriathlon for those who are ambulant/standing with mild impairments.

PTVI – A category of Paratriathlon for those with visual impairments.

PTWC – A category of Paratriathlon for those either permanently wheelchair users or those who would need to use a wheelchair to compete in triathlon.

Race Category – A race category refers to which racing group the athlete is a member of: Youth A, Youth B, Junior, Senior or Paratriathlon.

Ranking – Rankings are given at each race to athletes. These rankings dictate future events start lists as well as the overall standings in the Series.

Regional Academies - Regional Academies are in place to provide guidance for triathlon coaches, clubs, parents and talented young athletes who aspire and have the potential to compete at the highest level within the sport of triathlon.

Roll Out – A method used to ensure whether bikes are within the regulations. A measurement of the distance required for a crank to complete a full revolution that must fall on or within the age group guidelines.

Senior – A racing category made up of athletes born in and before 2004.

Startlist – A startlist is a list of athletes in race number for any given event. If an athlete is not on a startlist they are not permitted to race.

TO – Technical Official.

Waitlist – A ranked list of athletes that have not made the startlist but wish to compete in an event. If an athlete on the startlist drops out of the event, the highest-ranking waitlisted athlete will receive an entry offer.

Youth A – A racing category made up of athletes born in 2008/2009.

Youth B – A racing category made up of athletes born in 2007.