

Mallory Park Sprint

Mallory Park Racing Circuit
Church Rd, Kirkby Mallory, LE9 7QE

Saturday 13th July 2024



General Information

Welcome

The British Triathlon Federation and ATW would like to extend a warm welcome to all competitors and spectators to the Mallory Park Sprint on Saturday 13th July.

Venue

Mallory Park Racing Circuit, Church Rd, Kirkby Mallory, LE9 7QE
W3W:///releasing.grove.occupy

Car Parking

There is plenty of parking at the venue.
A parking charge of £3 cars / £5 campers & minibus / £10 bus is payable on departure. Please bring cash if possible.

Facilities

Multiple toilet blocks and showers are available on site.
Camping is available on site the night before – booking via the [ATW event page](#)
Snacks and hot/cold drinks will be being sold on site in the cafe.



General Information

Results

Timing is provided by EventChipTiming.
Provisional results will be available on <http://results.eventchiptiming.com/> as soon as the race is completed.

Withdrawing during the race

If at any point during the race you feel the need to stop and pull out of the race, please do so. It is mandatory that if you withdraw from the race then you need to find the nearest marshal who will help you get back to the event headquarters. Please inform the timing team of your number and hand in your timing chip. Marshals can also call for medical support should it be needed.

Medical and Water Safety

Cover is being provided by Medical and Water Safety Limited, long-term partners with ATW. A mobile facility as well as a medical tent in the finish area will be present at the event.

Photos

Official event photos will be loaded on to the [ATW photo gallery](#)
If you wish for any photos to be removed, please email events@activetrainingworld.co.uk

Training

The venue is open for training on a Wednesday evening 6-8pm, for anyone wishing to familiarise themselves with the course. Bookings can be made [online](#).

Sustainability and waste

We would appreciate it if all competitors made every effort to keep the venue, and the surrounding area as clean as possible, there will be ample bins provided.

Safeguarding

Our safeguarding officer on the day will be:
Danielle Hall – 07789722324 – Danielle@activetrainingworld.co.uk
She can be found on the day at registration or in the finish area. Please submit any concerns to her on the day or via phone/email.

Partners

ZONE3 – official swim partner of ATW
Craft – official run partner of ATW

Site Rules

ATW and British Triathlon would like to thank Mallory Park for their ongoing support of British Triathlon events

Please take note of these important rules to ensure our ongoing access to this premium venue:

1. No dogs are allowed outside the car park area
2. Official event vehicles only allowed on the track and paddock area
3. The gravel traps must not be disturbed. These are prepared in a specialist way to slow down fast-moving vehicles. Walking on the gravel detracts from their effectiveness and requires them to be reset at significant cost.



Registration & Race Packs

Upon arrival, please access the event HQ via the bridge over the track. Be aware that there may be a race taking place on the circuit.

Registration will be at the café. Competitor information will also be available here together with course maps. Please do not get changed in the café, there are changing rooms available.

Registration opening times can be found on the following page.

A Mandatory Bike Check will be carried out by Chief Technical Official to ensure your bike conforms to rules associated with Draft Legal racing.

If your wheels are on the UCI non-standard approved list, please do know the page number or bring a screenshot to speed up queuing at wheel checks.

Gear restrictions do NOT apply in this event.

Race Pack:

Race Packs will include the following items:

- Body number decals (ensure you follow the instructions clearly)
- Swim hat
- Stickers for your helmet and bike
- Timing chip and strap to be worn on the left ankle (do not cover with wetsuit)

Please return your timing chip to the marshals in the finish area at the end of your race, or if you drop out for any reason to a member of the event crew. Competitors who fail to return their timing chip will be charged £20.

Event Schedule

Female	
12:00	Race Registration Opens
12:00	Transition Opens
13:15	Bike Familiarisation
13:30	Race Registration Closes
13:45	Race Briefing
14:00	Tier1 Race Start

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13:15	Bike Familiarisation
14:30	Race Registration Closes
14:45	Race Briefing
15:00	Tier1 Race Start
15:45	Race Briefing
16:00	Tier2 Race Start

Bike Familiarisation

There will be a guided Bike Familiarisation at 13:15

Transition

Transition check-in will take place on race day only. Be aware that this will be a Live transition and there may be other races taking place while you are racking/unracking. Do not wear earbuds/headphones while in transition, and listen out for marshal/official instructions

There will be no marking permitted in transition, this includes the use of talc on the floor.

There will be 10-minute windows provided to un-rack bikes and clear your belongings from Transition. This opportunity will arise once all athletes have exited the water and Transition area of a particular Wave. The Entry / Exit point will be clearly signposted for you. Do not cross any timing mats or enter Transition Area through any other location.

There will be individual allocated spaces in Transition. Please allow sufficient space for your fellow athletes. No Bags/Boxes will be allowed to stay in the transition. Please wear and fasten your helmet before entering transition. You will not be allowed in with your bike unless this is in place. Additionally, you must have your decals on to enter transition.

After the race, you will need your decal to re-enter the transition area. Once you have found your racking space and bike, tidy your area and leave the transition as soon as you can. We would appreciate the Transition area being cleared as quickly as possible once permissions has been given by the Race Organiser.

Warm-up Area

There will be an area identified as athletes & coaches only for any pre-race preparation/warm up – see HQ Layout.

A swim warm-up time has been allocated 20 mins prior to each tier start. All athletes must exit the water and be ready at the pre-start area 10 mins before the start time.

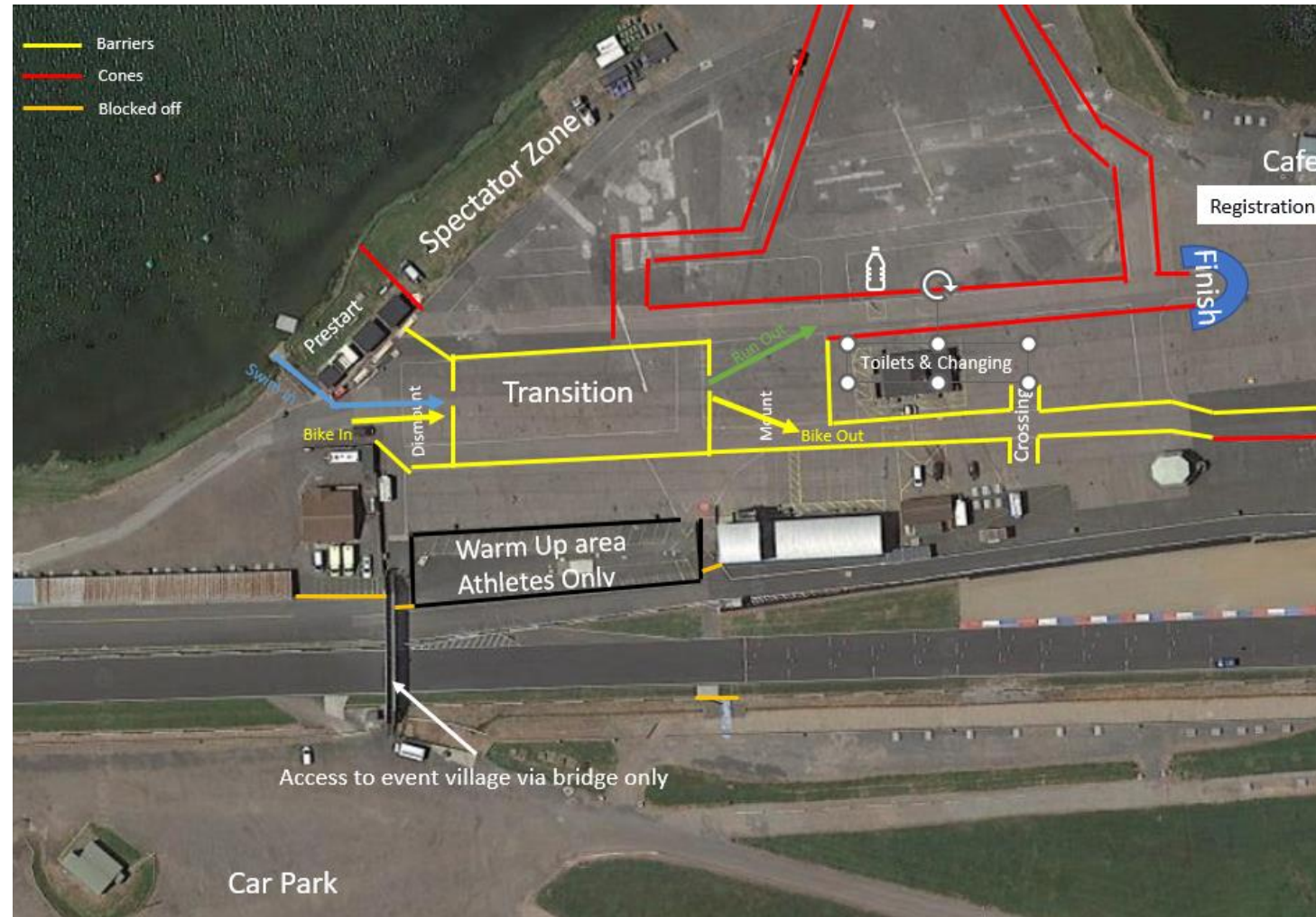
Course Maps – HQ Layout

Access to the event HQ from the car park is via the bridge only.

Registration will be in or outside the cafe.

Please only cross the bike course using the identified crossing point.

Take care when crossing the run course – this will be marked with small cones.



Course Maps – Swim

750m Swim Lap

You will be called in to the water 10 mins prior to the swim start.
The swim will be a deep-water start, heading the full length of the lake.

Turning anti-clockwise around large triangular buoys, you'll then cross the lake diagonally to turn clockwise around one of the start buoys and head to the swim exit that will be marked with an inflatable arch.

You only need to turn around the large orange buoys. Any other buoys are for sighting purposes only.

After exiting the water, follow the marshal's instructions in to transition.



Course Maps – Bike

19.8km bike (9 x 2.2km bike laps)

Exiting transition, mount and head out of the top of the paddock, perform a double switchback and then head up to the top of the hill. After turning round Shaw's hairpin, you'll charge down to a technical left and 180-degree turn at Edwin's before heading along the back straight where spectators will undoubtedly gather to cheer their athletes. After rounding the lake, start the climb back up to the hairpin.

When you've completed 9 laps, turn left on the home straight and head back into the paddock and dismount in to transition.

It is important that lapped athletes do not draft off athletes that are lapping them.

It is recommended that athletes take advantage of the bike familiarisation lap at 13:15



Course Maps – Run

5km run (4 x 1.25km laps)

Exiting transition, join the run course, heading straight towards the finish, but just before reaching it, turn left to start the first of four flat, out-and-back laps down the back straight.



See you on race day!

If you have any questions, please email the team at
SuperSeries@britishtriathlon.org

