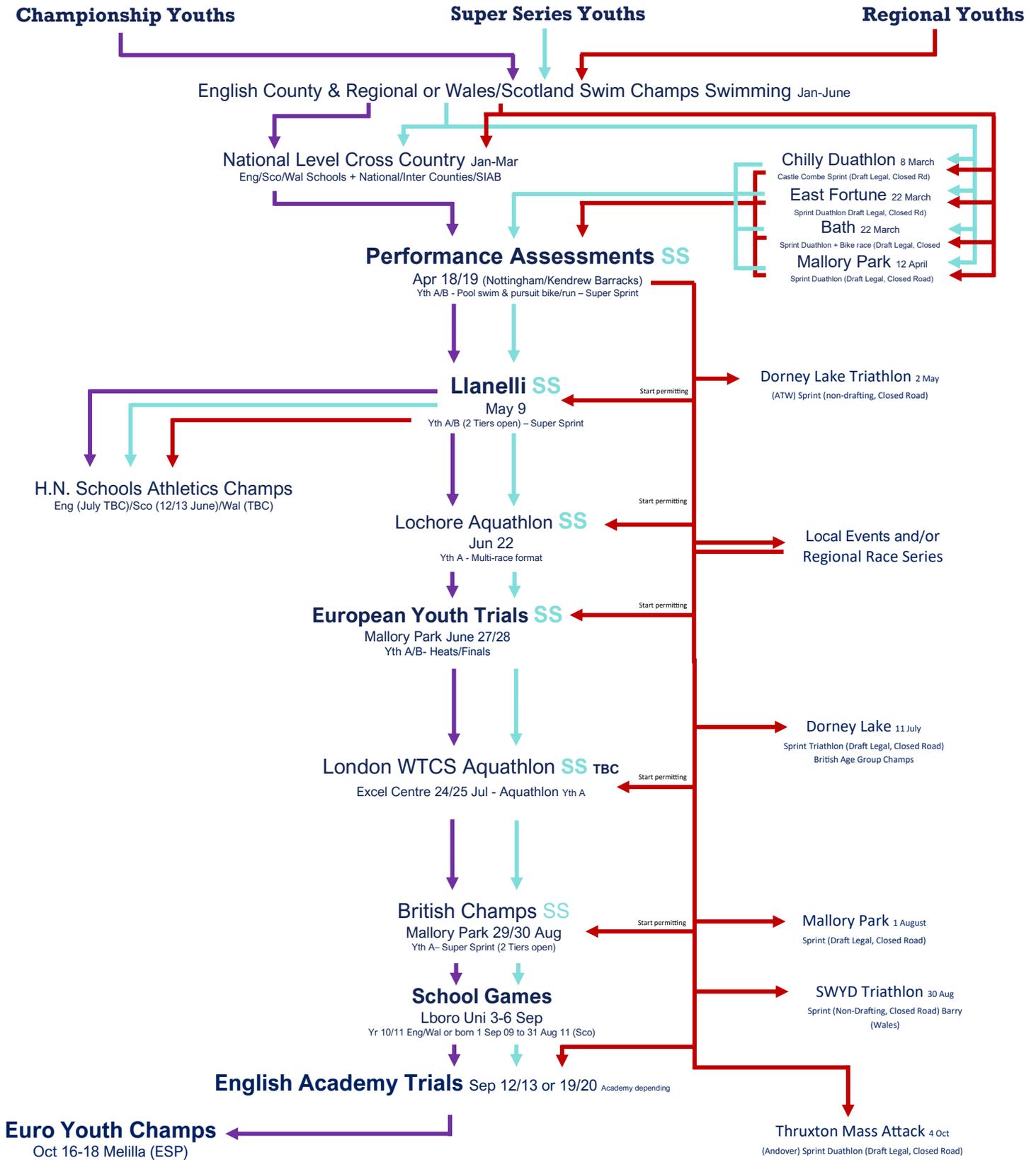


British Triathlon 2026 COMPETITION MAP



Notes

1. SS denotes Super Series event, format and age group are also noted
2. Events for Regional athletes are on closed roads and generally draft legal, often they're qualifiers for Euro/World AG Champs, please also look to local events for other options
3. Events in bold type are linked to a [selection policy](#)
4. For more information e.g., on how athlete groups are defined, format of Aquathlons, etc., see 'Racing Explained' which is found on the same page as this map
5. Cross Country events are an important preparation tool but care should be taken not to over-race through the winter, especially through March. While triathlon should take priority, athletes are encouraged to also do some racing on the track in the summer (1500m/3000m) e.g., attempting to qualify for their relevant HN Schools Athletics Champs
6. Athletes at this age/stage should also be doing some swim meets over 50, 200, 400, 800, 1500m freestyle in order to improve their swimming e.g., English County/Regional champs or Welsh/Scottish Nationals